

Transitions

Develop your own career strategy

- ▶▶ Looking for a new challenge?
- ▶▶ Looking to return to work?
- ▶▶ Anxious about, or facing, redundancy?
- ▶▶ Want to make your current job more satisfying?

If you can answer yes to any of the above questions then **read on**

Transitions is a programme that can help you plan your strategy and take the next step in developing your career using a unique combination of workshop time and coaching. This means that you receive the inspiration and motivation you need to make a start, then you will be supported as you put your strategy into action.

- ▶▶ Dealing with change
- ▶▶ Identify your skills set
- ▶▶ Employment options
- ▶▶ Marketing yourself
- ▶▶ Developing skills and confidence

Aims of the workshop

Be Inspired



Participant numbers will be limited for each workshop so you will spend quality time in a small group with facilitators who are experienced in helping individuals to develop their confidence and skills. This will enable you find your direction towards a more rewarding career.

Workshop time will be followed by 1-2-1 coaching support tailored exactly to your needs in any combination of up to 4 hours. If you prefer face-to-face meetings or liaising on a more remote basis, we can adapt this provision to suit your own situation.

Value for Money

As a special introductory offer we're giving you 25% off, plus we're including the post workshop coaching support free of charge. That means all you will pay is £90!

And this also includes:

- ▶▶ Lunch and refreshments on the day
- ▶▶ All workshop materials ... plus
- ▶▶ Up to 4 hours after workshop support

[Click here to email us or book](#)



How do I start?

The first of these new and unique opportunities is to be held at:

The Donington Manor Hotel,
High Street, Castle Donington, DE74 2PP
on

Thursday 20th May 2010
Registration at 9:30, for a 10:00 start
... finishing at 16:30

[Click here to email us or book](#)

How to Book

You can choose from the following:

- ▶▶ To complete a booking form simply email or ring to request an electronic version
- ▶▶ Telephone: 0773 8066 162
- ▶▶ Payment can be made electronically through Paypal

Still not sure?

Have a look below at the activities you will experience to help you move your career forward.

We're so confident that this can help you make a difference for yourself .. we're offering a money back guarantee if you try the techniques and they don't work for you!

- ▶▶ **Dealing with Change** – discover why change is so difficult for some people and explore your ideal way of keeping yourself motivated.
- ▶▶ **Identify your Skills Set** – have a clear idea of where your skills are strong and how best to use them.
- ▶▶ **Employment Options** – uncover the pros and cons of different categories of employment – decide for yourself, which will be the best route for you.
- ▶▶ **Marketing Yourself** – learn how to describe your skills and qualities to create maximum impact.
- ▶▶ **Developing Skills and Confidence** – Do you ever feel in need of a confidence boost – as we explore your skills and qualities we will investigate how you can also build your own self-confidence.

For more
Information

Email:
ch@step-ahead.co.uk

[Click here to email us or book](#)